

**START
HERE**

**Share names and
gauge feeling, attitudes
and expectations**

Talking piece, Topic/Theme,
Welcome and Ground Rules at start

**NAME AND
CHECK-IN**

**WHAT ARE YOU LOOKING
FORWARD TO TODAY?**

**Mix up the
group**

**CHOOSE A GAME AND
THEN REFLECT ON HOW
IT WAS PLAYED**

A GAME

**THE THEME
FOR THE
CIRCLE, IN
PAIRS
GROUPS OR
AS A WHOLE**

THEME

**E.G. ONE THING
YOU WILL BE
DOING/
LOOKING
FORWARD
TO TODAY?**

CHECK-OUT

**REFLECT ON
GROUP'S
THOUGHTS
AND IDEAS**

**REFLECT
AND
REVIEW**

